

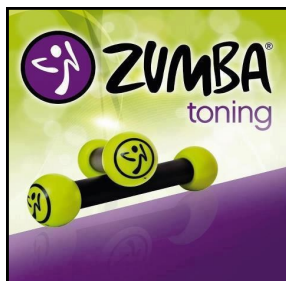


# GROUP FITNESS CLASSES

## 13-Week-Zumba Toning

Monday Evenings  
7:30-8:30pm  
Sept. 13th-Dec 6th

\$130 for 13 weeks  
Class # 3



## 16-Week Yoga Session

Tues Evenings  
7:30-8:30pm  
Sept. 7th—Dec 21st

\$160 for 16 weeks  
Class # 4



## 13-Week-Zumba Combo

Wednesday Evenings  
7:30-8:30pm  
Sept 8th-Dec 8th  
(no class 11-24)

\$130 for 13 weeks  
Class # 5



## 10-Week-Total Barre Class

Saturday Mornings  
9:00-10:00am  
Oct 2nd-Dec 11th  
(no class 11-27)

\$100 for 10 weeks  
Class # 6



## 14-Week Morning Yoga Session

Tues Mornings  
9:30-10:30am  
Sept. 14th—Dec 14th

\$140 for 14 weeks  
Class # 7



Central City Dance & Fitness Center  
6700 Canton Center Rd, Canton MI 48187

734-459-0400

