



# SPRING into HEALTH

**FITNESS**

## 10-Week-Zumba Toning

Class # 1

Monday Evenings

7:30-8:30pm

April 9th—June 18th  
(no class May 28th)

\$80 for 10 weeks  
Drop in rate: \$12



## 7-Week-Total Barre Class

Class # 3

Thursday Mornings

9:30-10:30am

April 12th-May 24th  
\$60 for 7 weeks



## 3-Week Total Barre Class

Class # 6

Saturday Mornings

9:00-10:00am

April 14th, 21st, 28th  
\$25 for 3 weeks

## 12-Week Yoga Session

Tuesday Morning

April 10th-June 26th

9:30-10:30am

\$96 for 12 weeks  
Drop in rate: \$12

Class # 4



## 12-Week Yoga Session

Class # 5

Tuesday Evenings

7:30-8:30pm

April 10th—June 26th  
(no class May 29th)

\$96 for 12 weeks  
Drop in rate: \$12



## 10-Week-Zumba Combo

Class # 2

Wednesday Evenings

7:30-8:30pm

April 11th—June 20th  
(no class June 6th)

\$80 for 10 weeks  
Drop in rate: \$12



## Central City Dance & Fitness Center

734-459-0400

### Multiple Fitness Class Discount

Register for 2 Sessions	\$10 off
Register for 3 Sessions	\$15 off
Register for 4 Sessions	\$20 off
\$12 Drop In Fee	