



# SPRING into HEALTH

**FITNESS**

## 10-Week-Zumba Toning

Class # 9

Monday Evenings

7:30-8:30pm

April 13th—June 22nd

(no class May 25th)

\$80 for 10 weeks

Drop in rate: \$12



## 6-Week-Total Barre Class

Class # 12

Saturday Mornings

9:00-10:00am

April 18th-May 30th

(no class May 16th)

\$48 for 6 weeks

Drop in rate: \$12



## 12-Week Yoga Session

Class # 10

Tuesday Morning

April 14th-June 30th

9:30-10:30am

\$96 for 12 weeks

Drop in rate: \$12



## 12-Week Yoga Session

Class # 13

Tuesday Evenings

7:30-8:30pm

April 14th –June 30th

\$96 for 12 weeks

Drop in rate: \$12



## 9-Week-Zumba Combo

Class # 11

Wednesday Evenings

7:30-8:30pm

April 15th-June 17th

(no class June 3rd)

\$72 for 9 weeks

Drop in rate: \$12



## Central City Dance & Fitness Center

734-459-0400

### Multiple Fitness Class Discount

Register for 2 Sessions \$10 off

Register for 3 Sessions \$15 off

Register for 4 Sessions \$20 off

\$12 Drop In Fee