



SPRING into HEALTH

FITNESS

9-Week-Zumba Toning

Class # 9

Monday Evenings

7:30-8:30pm

April 8th—June 10th

(no class May 27th)

\$72 for 9 weeks

Drop in rate: \$12



7-Week-Total Barre Class

Class # 12

Thursday Mornings

9:30-10:30am

April 11th-May 23rd

\$55 for 7 weeks

Drop in rate: \$12



11-Week Yoga Session

Class # 10

Tuesday Morning

April 16th-June 25th

9:30-10:30am

\$88 for 11 weeks

Drop in rate: \$12



10-Week Yoga Session

Class # 13

Tuesday Evenings

7:30-8:30pm

April 16th—June 25th

(no class May 28th)

\$80 for 10 weeks

Drop in rate: \$12



10-Week-Zumba Combo

Class # 11

Wednesday Evenings

7:30-8:30pm

April 10th—June 19th

(no class June 5th)

\$80 for 10 weeks

Drop in rate: \$12



Central City Dance & Fitness Center

734-459-0400

Multiple Fitness Class Discount

Register for 2 Sessions \$10 off

Register for 3 Sessions \$15 off

Register for 4 Sessions \$20 off

\$12 Drop In Fee